

ABLEKUMA WEST MUNICIPAL HEALTH DIRECTORATE

NUTRITION UNIT

ANNUAL YEAR REPORT (JAN-DEC 2020).

Introduction

The following report covers activities carried out by the Nutrition Unit from January 2020 to December 2020.

Population

0 – 11months	3103
12 – 23months	1715
24 – 59months	5144
CHN 0 - 59months	15,517

Objectives

- To reduce anemia by 4.7% from 29.7% to 25% by 30th Dec, 2020 through focused nutrition counseling ie 'Nutrition Clinic' at Antenatal clinic.
- To obtain a 10% reduction in CMAM defaulter rates from 61.4% to 51.4% through defaulter tracing by 30th June, 2020.

Activities

- IYCF _ Growth Monitoring and Promotion
 - Growth Monitoring
 - Promotion of micronutrient supplementation
 - Nutrition Rehabilitation / CMAM Project
 - Nutrition Counseling and Education
 - Nutrition Surveillance



LENGTH MEASUREMENT USED TO ASSES STUNTING RATE



FOOD BAZAAR ORGANISED TO DEMONSTRATE PROPER COMPLEMENTARY FEEDING PRACTICES

➤ **Child Health Promotion Week**

Child Health Promotion week 2020 was observed 11th -15th May and extended throughout the month of May.

Some of the activities that took place are as follows;

- Growth monitoring & Promotion
- Vaccination
- Birth certificate registration
- Community-Based Management of Acute Malnutrition (CMAM) screening
- Counselling
- Vitamin A supplementation
- LLIN

• **GROWTH MONITORING**

AGE (MONTHS)	ATTENDANCE		TOTAL CHILDREN WEIGHED	UNDERWEIGHT		NORMAL
	MAL	FEMAL		SEVERE	MODERATE	
0 – 11	154	189	343	0	0	343
12 – 23	78	89	167	0	0	167
24 – 59	40	35	75	0	0	75
TOTAL	272	313	585	0	0	1170

• **VITAMIN A SUPPLEMENTATION**

AGE	NUMBER DOSED
6 – 11 MONTHS	63
12 – 59 MONTHS	135

➤ Health Education Sessions

- The Girls Iron Folate Tablet supplementation (GIFTs) program seeks to provide weekly IFA tablets through school, health facilities and other channels, making adolescent and by so doing reduce anaemia among adolescents 10 – 19 years and menstruating women.

- Strategies – In-School

- Out-of-School

- Sensitization (25th March – 13th April, 2019) But still on-going
- Training (16th – 20th May, 2019)

Participation

- ✓ SHS Teachers
 - ✓ JHS Teachers(Private)
 - ✓ JHS Teachers(Public)
 - ✓ GES Officers
 - ✓ Health Workers
- Sensitization still on-going
 - Advocacy still on-going (Media and Community-Based)
 - Supportive supervision to schools on-going

A survey was carried out to assess GIFTS implementation from 30th March to 3rd April, 2020. It was observed that most teachers had been changed

and those at post did not fully understand the GIFTS programme. Out-of-School records were not being kept well though some supplementation had been done. A baseline survey was conducted from 8th to 18 th June, 2020.

Supportive Supervision

One out of the two quarterly supportive supervisory visits were conducted from 21sts to 23rd October, 2020.

Challenges

- Miscommunication on the protocols for CWC activities etc caused much data loss due to the discretionary way of record keeping those facilities did.
- Non-availability of RUTF for the management of SAM cases in CMAM.
- Non-availability of length measuring tools such as the infantometer add on to the factors contributing to their already high severe acute malnutrition rate. An increase in morbidity and mortality among children under five (5).
- Non-availability of the MATERNAL AND CHILD HEALTH RECORD BOOK (MCH RB) was found as a major contributory factor Recording was rated at an average of 40%. This could explain the impact of partial training and non-availability of the MCH RB. Facilities scores for measurement was around 35%. Most of the facilities had no equipment especially for length and height measurement.

Way forward

- There is an urgent need for RUTF at all facilities for management of CMAM cases.
- Checking of length and height should be done at all CWCs throughout the metropolis as an integral part of Growth Monitoring and Promotion.

Conclusion

The period under review came with much challenges but most of our targets were achieved.